

**CAB Conference Call
May 23, 2024
12:00 ET
Meeting Minutes**

Participants:

Andrea	Jacobi Medical Center
Chitara	Ann & Robert H. Lurie Children's Hospital
Claire	Harvard T.H. Chan School of Public Health
Eduardo	Harvard T.H. Chan School of Public Health
Exzavia	Children's Diagnostic & Treatment Center, Ft. Lauderdale
Falon	University of Colorado, Denver
Jackie	Westat
Karim	Westat
Kim	Texas Children's Hospital
Kylie	Texas Children's Hospital
Liam	FSTRF
Liz	Harvard T.H. Chan School of Public Health
Mandy	Harvard T.H. Chan School of Public Health
Raiko	University of Colorado, Denver
Rosalva	UCSD
Tameka	St. Jude Children Research Hospital

• **APPROVAL OF MINUTES**

The minutes from the April call were approved with no changes.

• **ICEBREAKER**

Mandy led the icebreaker.

• **SPACES FOR SELF-CARE**

Eduardo led the space for self-care.

• **BRAINSTORM: WOMEN'S HEALTH QUESTIONS FOR RESEARCHERS**

Mandy explained that during the CAB Retreat at the PHACS network meeting there will be a Researcher open discussion. During the session, Deb Kacanek and Kate Powis will talk about women's health research. Mandy asked CAB members which questions they would like to address during the open discussion.

CAB members suggestions:

- **Rosalva** suggested research on aging with women living with HIV, focusing on long term effects of ARVs.
- **Kim** mentioned that the Women's Health Working Group are proposing research on the three stages of menopause (perimenopause, menopause, and postmenopausal). During the HOPE September call, there will be a presentation on menopause.

- **Tameka** suggested research on the effects of ARVs in long term use with respect to hormones, sleep deprivation, and weight. She mentioned menstruation as another topic.
- **Chitara** mentioned research on the pelvic floor.
 - **Claire** indicated that in the report that was sent to the NIH in December 2023 this topic was included as women's health priorities.
- **Kim** shared that there is no research on the optical health of women living with HIV.
- **Chitara** would like updates on the HPV study.
 - **Claire** explained that the HPV study is looking at how effective is the HPV vaccine in women living with HIV.
- CAB members had a discussion on disclosure. Themes that were discussed included:
 - Site staff support
 - How to deal with and overcome stigma
 - Disclosure to family members
 - Education on HIV
 - How a person prepares if they decide to disclose
 - Understanding that every person's journey is different.
 - **Claire** shared the HECC's "Caregiver Guide to Disclosure Decisions":
https://phacsstudy.org/cms_uploads/Health%20Education%20and%20Communication%20Documents/Caregiver_Guide.pdf
 - Guide was created with guidance/wisdom from caregivers living with HIV talking about factors that influence their decision either way.

• **SPRING MEETING/CAB RETREAT LOGISTICS**

Mandy mentioned that she will be sending an email with the meeting logistics and CAB retreat agenda. If anyone has questions, please contact Mandy (aflores@hsph.harvard.edu).

NOTE: The next CAB call will be on June 27, 2024, at 12:00 PM ET.